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Sun Tunnels is the solo recording/performing project of Seattle songwriter Louis O'Callaghan.

Picture this: one day in 2008 I (Louis) meet my drummer friend Terry at his practice space where we set up some microphones and a laptop. I brought a guitar and amp so I play a song and we record it, guitar and drums. A month later I invite my friend Sugar to my basement and he plays bass on top of the drums and guitar. Then... nothing, until 2017 when I rewrite some words and sing them, add some other bits, do some mixing, and then finally "I Guess Not" is finished.

Each song on *Old Haunts Volume 1* is something like that, except the interactions are with myself in different rooms and recording computers and often spanning greater timespans. "Saturday" was written in 2001, started recording in 2005, messed with again every few years and then finally done this Fall. These songs were ideas or half-attempts meant for one album or another and interrupted for one reason or another but that never went away entirely, and now you have them here to listen to.

As for myself, I've been in lots of local Seattle bands and I made two solo albums as The Graze. I've been compared to Elliott Smith, Neutral Milk Hotel, Nirvana, Nick Drake, Thom Yorke, and Beck. Some of my indie rock influences include artists like Cat Power, Mirah, the Microphones, the Softies, the Shins, Of Montreal, Death Cab for Cutie, Azure Ray, and Modest Mouse.

Old Haunts Volume 1 is my first official release as Sun Tunnels, though a number of songs have appeared on compilations, including the song "Notice Me" on Ball of Wax Volume 34 that was a "song of the day" on radio station KEXP. Old Haunts Volume 1 is available on Bandcamp, iTunes, and can be streamed via all the usual suspects (Spotify, Apple Music, Google Play, etc.).